

## ASHM December Toddler Time: Tiptoe with Tomte

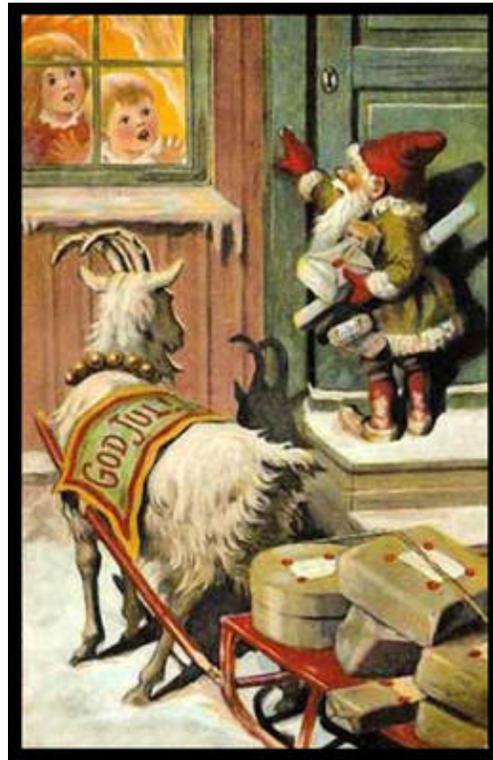
### About Swedish Tomten

The tomten is a Swedish legend who lives on the farm and helps take care of the animals. He is small, has a white beard and often dresses in grey with a red hat. The tomten is said to come out at night and tip toe around the farm, they only know he is there by his footprints. Similar to Santa, he knows if children have been naughty or nice and he will ride the Julbock, a goat, into the house to bring presents to the good children.

### Tomte Song:

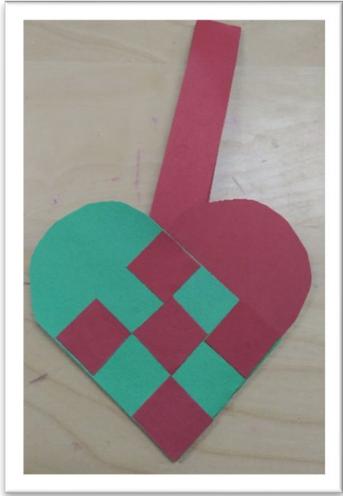
Hi, Tomtegubbar  
Hi, tomtegubbar, come and dance  
And let's be jolly together  
Our time is brief upon the earth  
With troubles many and little  
mirth.  
Hi, tomtegrubbar, come and dance  
And let's be jolly together.

Hej, Tomtegubbar  
Hej, tomtegubbar, Kom och dansa  
Och låt oss lustiga vara.  
En liten tid vi leva här,  
Med mychen möda och stort  
besvär.  
Hej, Tomtegubbar, kom och dansa  
Och låt oss lustiga vara.



### Crafts:

This month we will be making woven paper hearts and our own tomte! Below are pictures of the finished crafts.



### Activities to try at home:

#### Straw Ornaments

These are simple ornaments you can make with straw or even use toothpicks. You can glue together and decorate with red string or yarn.



### Pepparkakker Playdough

#### Play Dough Recipe

- 1 cup flour
- ½ cup salt
- 2 teaspoons cream of tartar
- 1 tablespoon oil
- 1 cup water
- 2 teaspoons cinnamon
- 2 teaspoons ginger
- 2 teaspoons ground cloves

#### Directions:

1. Mix everything in a pot and put over medium heat on the stove.
2. Stir until dough forms.
3. Let the dough cool, then it is time to play!
4. Store in an airtight container.

Thank you for participating!  
For more information head to [americanswedish.org](http://americanswedish.org)